



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 19068, Candies, NESTLE, BIT-O'-HONEY Candy Chews

Report Date: June 26, 2017 16:18 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	8.30	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Energy ¹	kcal	375	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Energy	kJ	1569	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Protein ¹	g	2.00	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Total lipid (fat) ¹	g	7.50	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2005
Ash	g	1.31	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Carbohydrate, by difference ¹	g	80.89	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2014
Fiber, total dietary ¹	g	0.2	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sugars, total ¹	g	48.00	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Minerals													
Calcium, Ca ¹	mg	35	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Iron, Fe ¹	mg	0.20	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Magnesium, Mg	mg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Phosphorus, P	mg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Potassium, K	mg	44	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Sodium, Na ¹	mg	295	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Zinc, Zn	mg	0.49	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Copper, Cu	mg	0.026	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Manganese, Mn	mg	0.038	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Selenium, Se	µg	1.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamins													
Vitamin C, total ascorbic acid ¹	mg	0.8	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.060	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Riboflavin	mg	0.044	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Niacin	mg	0.069	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Pantothenic acid	mg	0.082	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin B-6	mg	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Folate, total	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Folate, food	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Folate, DFE	µg	2	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	2.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12	µg	0.06	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin A, IU ¹	IU	0	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin E (alpha-tocopherol)	mg	0.30	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Lipids													
Fatty acids, total saturated ¹	g	5.500	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
4:0	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
6:0	g	0.047	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
8:0	g	0.496	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
10:0	g	0.352	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
12:0	g	2.798	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
13:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
14:0	g	1.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
16:0	g	0.560	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
17:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:0	g	0.189	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
20:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
22:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
24:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Fatty acids, total monounsaturated	g	1.030	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
16:1 undifferentiated	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:1 undifferentiated	g	1.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Fatty acids, total polyunsaturated	g	0.338	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:2 undifferentiated	g	0.336	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:3 undifferentiated	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Fatty acids, total trans ¹	g	0.000	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Cholesterol ¹	mg	0	--	--	--	--	--	--	--	--	Calculated by manufacturer, not adjusted or rounded for NLEA	--	04/2006
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2006

Sources of Data

¹Nestle USA, Inc. Nestle company data, 2006